

Impact summary

July - December 2023



Everymind co-designed an online wellbeing plan with NSW agribusiness owners tailored to their unique challenges and delivered bespoke mental health training to workplaces, including **over 3,000** small business owners.



Everymind partnered with the Tasmanian Government to embed the *Minds Together* programs into the service system and commenced work to design an early distress support service for trial in Tasmania.



Our team delivered **41** unique *Mindframe* professional development sessions, reaching **over 1,000** individuals.



We partnered with Regional NSW to explore the potential health and social impacts for communities where there are planned power station closures.

Prevention in Practice Summit 2023

Everymind brought together highly regarded public health and mental health leaders across Australia for the Prevention in Practice Summit. The important event focused on bridging the knowledge-to-practice gap in the prevention of mental ill-health. A full report and research publication will detail the findings.

Everymind held strategic suicide prevention planning workshops with **129** community members in the Manning, Hunter and New England regions and facilitated a workshop on rural suicide prevention with the Manna Institute at the Rural Mental Health Conference in Albury.



Our team collaborated with key stakeholders to develop new resources for the *Mindframe* program, including a First Nations truth-telling guide about suicide and a quick reference guide on safe communication about suicide and self-harm data.



We launched an improved *Life in Mind* digital portal with enhanced functionality and navigation, allowing easy access to current data, evidence, research, strategies and safe language principles for those with a role in suicide prevention.



Everymind team members were lead authors or co-authors on **17** publications, book chapters, and conference presentations.



We supported the 2022 Australian Bureau of Statistics Causes of Death data release by hosting a webinar with **over 200** media and sector attendees. Translated data summaries were also provided on *Life in Mind* and *Mindframe* digital portals.