

Impact summary

January – June 2023



We continued to support safe community conversations about suicide through our *Conversations Matter* website with over 11,000 resource engagements.



The Everymind team delivered best practice communication professional development, reaching 700+ individuals.



Our Lived Experience Advisory Group expanded following a national Expression of Interest, with membership increasing to 10 members.



Our *Minds Together* program research trials provided practical skills and strategies to 116 family and friends supporting someone who has attempted suicide and the mental health of paramedics.



We launched 'Our Words Matter: Guidelines for language use', with almost 500 community members attending the launch event and over 8,500 resource engagements between April and June.



We supported 26 organisations and 90 individuals in pledging to use safe and consistent language when communicating about mental health concerns and suicide by signing the National Communications Charter.

We provided confidential and tailored advice on mental health and suicide prevention to workplaces across Australia.



We supported 112 small business owners and employees to take action on their mental health through our free Business Wellbeing Online Training.



Everymind staff were the lead author or co-authors on three peer-reviewed papers focused on an online program for mental health carers, print media reporting on alcohol and other drug (AOD) issues and the impact of the #chatsafe intervention.



Everymind partnered with the NSW State Insurance Regulatory Authority (SIRA) to research, develop and test a new wellbeing plan for rural agribusiness owners on the *Ahead for Business* digital portal.