

Impact summary

July - December 2022

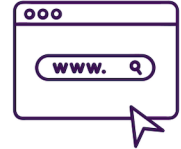
30
YEARS

Celebrated **30 years** of delivering best practice mental health and suicide prevention programs, communication, policy responses and translational research.



358

Real-time support occasions to media, sector, government, stage and screen, and academic institutions around the safe communication of mental ill-health, suicide, and alcohol and other drugs.



Developed a *Minds Together* **central portal** in collaboration with family and friends supporting people with mental ill-health or suicidal distress.

Continued to reduce stigma and promote help-seeking behaviour through The Charter, reaching **over 1,000** individual and organisational signatories.



More than **300 small business owners** and employees took action to improve their wellbeing through the *Ahead for Business* digital portal.

2,500+ 

Subscribers received sector and research news and translated research studies through *Life in Mind* eNews.



Developed and commenced trial of **two family and caregiver** online programs for those supporting the mental health of paramedics and family and friends supporting someone who has attempted suicide.



Over **1,100 professionals** increased their confidence in communicating about mental ill-health and suicide through *Mindframe* professional development opportunities.



Everymind contributed to policy and strategy outcomes at the state, territory, and national levels through policy papers and steering committees. This included working with the Mental Health and Drug Directorate, government stakeholders and communities in Tasmania to develop the Tasmanian Suicide Prevention Strategy 2023-2027 and Implementation Plan One covering January 2023-June 2024.