

Business and community summary report

January – June 2025

Through its Business and community program, Everymind works with stakeholders to understand the unique needs and preferences of a key audience, demographic or user group and develops tailored tools and resources to support the prevention of mental ill-health and suicide.

Four projects commenced and ongoing:



Refugee suicide prevention training for health staff

Funder: NSW Ministry of Health

Develop an online training program to support community managed organisations and local health district staff supporting refugees and people seeking asylum to identify and respond to distress and suicidal behaviour.

Key activities: Completed a rapid review of literature to inform the content and design of the training and established an advisory group to ensure the training is fit for purpose and aligns with sector needs.



Evaluating a family and friends support program

Funder: Mental Health Alcohol and Other Drugs Branch of Queensland Health

Develop an evaluation approach for a support program for family and friends caring for a person experiencing suicidality that is suitable to the Queensland service providers implementing evaluation activities.

Key activities: Delivered an online workshop with Primary Health Networks (PHNs) and service providers to present the evaluation plan, discuss their evaluation roles and orient them to the evaluation tools and provided support to services around setting up data-collection tools.



Wellbeing training for Legal Aid NSW staff

Funder: Legal Aid NSW

Design a train-the-trainer package focused on mental health, suicide prevention and early distress tailored to the unique needs of Legal Aid NSW staff.

Key activities: Reviewed current policies, guidelines and procedures to ensure training aligns with existing approaches and developed and distributed a consultation survey to Legal Aid NSW staff to understand training preferences.



Supporting health professionals to engage carers

Funder: NSW Department of Communities and Justice

Create an online training program aimed at improving the capability of primary care professionals to identify and support the carers of those experiencing mental health concerns or suicidality.

Key activities: Developed a consultation and stakeholder engagement approach and established an advisory group to ensure the training is fit for purpose and aligns with sector needs.

Three projects completed and delivered:



Service design recommendations for distress brief support

Funder: Hunter New England Local Health District

Conduct consultations with community members to provide service design recommendations for an effective distress brief support service in the Hunter New England region.

Key outcomes: Gathered 123 survey responses by community members to shape service design recommendations.

Consultation insight: Participants valued having options available to suit individual preferences, particularly around service delivery and access options, provision of resources, and the information provided about the service.



Business NSW workplace wellbeing webinar

Funder: Business NSW

A webinar on workplace mental health was developed and presented to members of the Business NSW Future Leaders Program.

Key activities: Delivered webinar discussing: understanding mental health; maintaining mental health and wellbeing; workplace wellbeing; creating a mentally healthy workplace; and having conversations about mental health.



Small business mental health policy brief

In partnership with Beyond Blue, Everymind developed a policy brief on promoting small business owner mental health. The brief was developed as a deliverable under the Wellbeing and Prevention Coalition in Mental Health to highlight the need for action to promote and protect the mental health of small business owners.

Key outcomes: Launched policy brief at the COSBOA online member and stakeholder forum in April. Everymind also worked with partners on media relations activities to support the launch, resulting in coverage in 76 media outlets nationwide and a cumulative potential reach of 41,240 people.



James Fletcher Campus
72 Watt Street (PO Box 833)
Newcastle NSW 2300
02 4924 6900

everymind@health.nsw.gov.au
everymind.org.au

[in](#) [f](#) [X](#) [@](#) [@EverymindAU](#)

