

## Contribute your voice to the work of



Many people within our communities have lived experience of suicide – be that through having experienced suicidal thoughts, survived a suicide attempt, cared for someone through suicidal crisis, or being bereaved through suicide.

**Everymind** is seeking a broad group of people, from across the country, to contribute their lived experience of suicide perspective, in an ongoing role, to help inform various prevention projects. Your lived experience and your voice will play an important role guiding suicide prevention activity nationally.

**Everymind** is a leading national institute dedicated to preventing mental ill-health and suicide and have been delivering successful mental health and suicide prevention programs and translational research for over 25 years.

The Institute provides national leadership and support on how to apply best practice principles for safe communication about suicide, mental ill-health, and Alcohol and Other Drugs (AOD).

There are a number of ongoing opportunities and projects you can contribute to, including:

- Qualitative research interviews
- Co-design groups and feedback
- Document review
- Lived Experience Advisory Group

Places for the *Lived Experience Advisory Group* are limited to eight (8) and members will attend the Our Voice in Action workshop delivered by Roses in the Ocean. This workshop will be delivered virtually over a period of two (2) weeks with a combination of small group zoom sessions, 1-on-1 coaching sessions and self-paced online activities.

The first project they are seeking input to is regarding lived experience in the media, so if you have any experience sharing your lived experience with the media you can let us know in the Expression of Interest also.

For more information about the Our Voice in Action Lived Experience workshop, view the <u>Program Outline</u>. Please also read 'My readiness to be involved in suicide prevention'.

If you think you might be interested in any of these opportunities and would like to learn more, please register your interest with us by clicking the link below and completing the online form.



A member of the Roses in the Ocean team will call you to discuss these opportunities and help you determine your readiness to be involved. If you do not have access to complete on the online form, please register your interest by calling Roses in the Ocean on 1300 411 461 to arrange a time to chat further.

The Our Voice in Action Lived Experience workshop is led and facilitated by Roses in the Ocean and supported by **Everymind**.